ABC DATA SHEET

Name: _____

Instructions: The ABC data sheet helps a teacher to determine the reason the problem behaviour is occurring by looking at events happening before and after the behaviour. For each behaviour incident, write down date and time, as well as location where the problem behaviour happened. In each section (setting events, antecedent, behaviour, and consequences, check the box ☑ that corresponds to what happened at that moment. Use the information you collected to determine the likely function of the behaviour, by looking at re-occurring antecedents and consequences of the behaviour.

Data / Time	Location	Setting events								Antecedent									Behaviour								Consequences									
		Lack of sleep	Changes in morning routine	Changes in medication	Feeling ill	Favorite caregiver/ parent absent	Prior denial of item	Other:	No identified setting event	Ask to do something	Bored (no activity/ material)	Denied access to desire item	Noisy environment	Nothing "out of blue"	Interrupted during an activity	Transition time	Attention given to others	Other:	Screaming	Aggression to others	Aggression to self	Tantrum	Flopping	Non-compliance	Self-stimulatory behaviour	Other:	Removed demand	Left alone	Provided attention	Got preferred item/ activity	Prompted desire behaviour	Ignored problem behaviour	Blocked access to reinforcing items	Follow through with demand	Verbally redirected to activity	Other:
	Total count																																			
		Specify "other":								Specify "other":									Specify "other":								Specify "other":									